AroundTheTown.us/Recipes

936.554.5822

aroundthetown@mail.com



**NACOGDOCHES COUNTY - ANGELINA COUNTY SAN AUGUSTINE COUNTY - SHELBY COUNTY** 



September 2024

# Two Delicious Fall Chicken Recipes

# WHITE CHICKEN ENCHILADA **SLOW-COOKER CASSEROLE**

#### **Ingredients:**

- 12 boneless, skinless chicken thighs
- 1 (26 ounce) can condensed cream of chicken soup
- 2 cloves garlic, chopped (Optional)
- 1 (16 ounce) container sour cream
- 1 (7 ounce) can diced green chile peppers
- 15 flour tortillas
- 3½ cups shredded Monterey Jack cheese
- 1 (10 ounce) can sliced black olives (Optional)
- 1 bunch chives for garnish
- Black pepper to taste

### **Directions:**

Place chicken in a pot, cover with water, and bring to a boil over high heat. Continue to boil until the chicken is done, about 10 minutes. Drain, allow chicken to cool, and cut into small pieces.

Place chicken pieces in a large bowl. Stir in soup, garlic, sour cream, and green chiles.

Spray the inside of



Photo by Meredith Food Studios

slow cooker lightly with non-stick cooking spray.

Tear tortillas into pieces, and arrange half of the pieces in one overlapping layer across the bottom of the slow cooker. Arrange half of the chicken, half of the soup, and half of the cheese on top. Repeat with remaining tortillas, chicken, soup, and cheese. Top with black olives.

Cook on Low setting for 3 to 4 hours. Top with chives.

# **TENDER ITALIAN BAKED CHICKEN**

# **Ingredients:**

- 3/4 cup mayonnaise
- ½ cup grated Parmesan cheese
- 3/4 teaspoon garlic powder
- <sup>3</sup>/<sub>4</sub> cup Italian seasoned bread crumbs
- 4 skinless, boneless chicken breast halves

#### **Directions:**

Gather all ingredients. Preheat the oven to 425 degrees F (220 degrees C).

Mix mayonnaise, Parmesan cheese, and garlic powder together in a bowl.

Place bread crumbs in a separate bowl. Dip each chicken breast into the mayonnaise mixture, then into the bread crumbs to coat.

Arrange breaded chicken on a baking sheet.



Photo by DotDash Meredith Food Studios

Bake in the preheated oven until chicken is no longer pink in the center and the coating is golden brown, about 20 minutes. An instant-read thermometer inserted into the center should read at least 165 degrees F (74 degrees C).

Serve hot and enjoy!

# **Nutrition Facts (per serving)**

# **Baked Chicken**

554	40g	17g	32g
Calories	Fat	Carbs	Protein

# Chicken Enchilada

824	44g	66g	40g
Calories	Fat	Carbs	Protein



General Eye Care Laser Cataract Surgery Glaucoma Management Retina Management Dry Eve Center Of Excellence Optical Lab & Shop



Cataract, Glaucoma Retina CONSULTANTS OF EAST TEXAS

Medical Arts Surgery Center | Benchmark Optical

SHANNON L. SMITH, M.D., F.A.C.S.

3302 N.E. Stallings Drive . Nacogdoches 936.564.3600 | 877.810.3937 | EyesofTexas.us | **6** cgrcetx



# From Recipes Old and New Tried and True



This book was published in 1962 by the Nacogdoches Federation of Women's Clubs as a fundraiser for the maintenance and upkeep of The Old Nacogdoches University Building.

It features recipes from local residents, most of whom are no longer with us. We hope that you enjoy this monthly feature and that you may remember many of the people who shared their recipes.

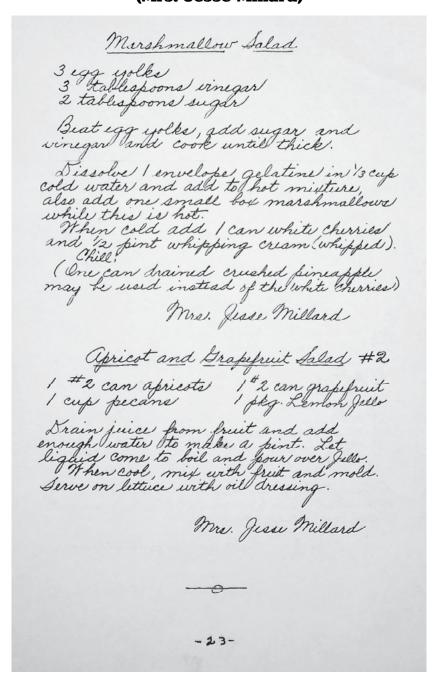
The preface reads:

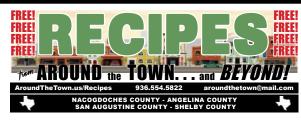
"Nacogdoches has always been famous for gracious East Texas hospitality and good cooking. This collection of old family recipes has been tried and proven many times and comes from our very best cooks. We hope they will add to your cooking pleasure."

# MARSHMALLOW SALAD and

# APRICOT AND GRAPEFRUIT SALAD #2

(Mrs. Jesse Millard)





Recipes from Around the Town and Beyond is published and distributed on the first day of each month. **FREE** copies are available in more than 200+ locations in Angelina, Nacogdoches & Shelby Counties. The paper may also be viewed online FREE 24/7 at www.AroundTheTown.us.

Publisher - David Stallings - 936.554.5822 - aroundthetown@mail.com Advertising Manager - Sharon Roberts - 936.552.6758 Advertising Sales - David Stallings - 936.554.5822 Graphic Design - James Aston - 936.553.1927 Features Editor - Terri Lacher - 936.488.8701 Staff Writer - Vi Alexander Distribution - Josh Bradford



NEW ADDITIONAL LOCATION: CENTER, TX • 148 COUNTY RD. 3734 • 936-244-1930

# PERRY PROPANE

6500 Franklin Drive (Just off Industrial Drive) 936.564.8448





We service residential, farms and industries. Bottles filled and tanks leased and sold. Large selection of Lodge Cast Iron Cookware, fish cookers, grills, crawfish and shrimp cookers.



### DISCLAIMER

Many recipes published in this publication are sent in by readers, their friends and family members. Recipes may be handed down from generation-to-generation or written from memory. **RECIPES** publishes these recipes as they are submitted, as a service to our readers. It is advised that the reader study the recipe in advance of creating a desired dish and assure that all necessary ingredients are included in the recipe and the reader understands the process for completing the recipe. **RECIPES** does not necessarily approve or have prior knowledge of the individual recipes published in this publication.



Submitted by Around the Town Publisher, David Stallings

# **Precious Memories Recipes from Jean Stallings**

My beautiful wife, Jean, passed away on July 4, 2020. She was an amazing wife, mother, and teacher. She was also a wonderful cook who loved preparing special meals for our family and friends.

Jean left us hundreds of her great recipes and I will share one of our favorites here each month. I hope that you'll enjoy them as much as we always did!



# **CHEESE MUFFINS**

Preheat oven to 350°.

# **INGREDIENTS:**

1½ cups flour (sifted)

3 teaspoons baking powder

1 Tablespoon sugar

1/2 teaspoon salt

1/2 cup American cheese

1 egg

1 cup milk

3 Tablespoons melted butter

### **DIRECTIONS:**

Combine first 5 ingredients. Combine last 3 ingredients. Mix the two combinations only until dry ingredients are wet (18-20 seconds). There will be lumps.

Bake about 20 minutes. Makes 12.

RECIPES
Sharon Roberts 936.552.6758

If you're looking for the most classic version to come home to after a long day, then this is the recipe for you. While many chili recipes call for simmering for at least an hour (sometimes even more), this best-ever beef chili can be made in just 40 minutes.

# **CLASSIC CHILI**

1 Tablespoon extra-virgin olive oil

1/2 large white onion, chopped

3 cloves garlic, finely chopped

2 Tablespoon tomato paste 1½ lb. ground beef

1½ Tablespoons chili powder

1 teaspoon dried oregano

1 teaspoon ground cumin

1/2 teaspoon paprika

1/4 teaspoon cayenne pepper (optional)

Kosher salt

Freshly ground black pepper

1 (28-oz.) can crushed tomatoes

1 (15-oz.) can kidney beans, drained

Shredded cheddar, sour cream, and sliced scallions, for serving

In a large pot over medium heat, heat oil. Add onion and cook, stir-

ring occasionally, until slightly softened and translucent, about 5 minutes. Add garlic and cook, stirring, until fragrant, about 1 minute more. Add tomato paste, stirring to coat vegetables. Add ground beef and cook, breaking up meat with a spoon, until no longer pink, about 7 minutes. Drain any excess fat.

Add chili powder, oregano, cumin, paprika, and cayenne (if using);



Photo by Andrew Bui

generously season with salt and black pepper. Pour in tomatoes and beans and bring to a boil. Reduce heat to medium and simmer, stirring occasionally, until flavors have melded and liquid is slightly reduced, about 20 minutes; season with salt and black pepper, if needed.

Ladle chili into bowls. Top with cheese, sour cream, and scallions.



# "Areeda's Southern

# Cooking, A Collection of **Old-Fashioned Recipes**"

by Areeda Schneider-Stampley





# **STUFFED BELL PEPPERS**

6 sweet bell peppers

- 2 xups ground meat
- 2 cups cooked rice
- 1 cup tomato juice
- 2 Tablespoons onion
- 2½ Tablespoons melted butter
- 1/2 teaspoon salt
- Black pepper, to taste
- 2 Tablespoons bread crumbs

Remove the end of bell peppers and seeds. Cook 8 minutes in salty water.

Mix all ingredients except bread crumbs. Stuff into bell peppers.

Place in lightly greased baking dish. Sprinkle bread crumbs on top. Bake at

350° for 25 minutes.



# OLD TOWN **GENERATOR SERVICES**

NACOGDOCHES, TX

**Residential** Commercial

Sales Service Agricultural | Installation



**Power** Generation

**Jacob Willoughby** 

936.615.7857

OldTownGeneratorService.com OldTownGeneratorService@gmail.com **Veteran Owned & Operated** 

This apple crisp recipe is a simple yet delicious fall dessert that showcases apples at their best! The combination of warm, tender apples and the crunchy oat topping is delicious with vanilla ice cream.

# APPLE CRISP

10 cups all-purpose apples, peeled, cored and sliced

- 1 cup white sugar
- 1 Tablespoon all-purpose flour
- 1 teaspoon ground cinnamon
- 3 Tablespoons water
- 1 cup quick-cooking oats
- 1 cup all-purpose flour
- 1 cup packed brown sugar
- ½ teaspoon baking powder
- ½ teaspoon baking soda
- ½ cup butter, melted

Gather all ingredients. Preheat the oven to 350 degrees F.



Photo by DotDash Meredith Food Studios

Place sliced apples in a 9x13-inch baking dish. Mix white sugar, 1 Tablespoon flour, and cinnamon together; sprinkle over apples. Pour water evenly over apples.

Combine oats, 1 cup flour, brown sugar, baking powder, and baking soda in a large bowl. Add melted butter and mix with a fork until crumbly; sprinkle evenly over apple mixture.

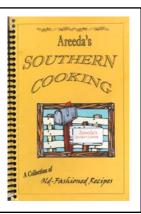
Bake in the preheated oven until top is golden brown and apples are bubbling around the edges, about 45 minutes.

Enjoy!

#### Purchase cookbook with credit card on my PayPal account at www.areedasoutherncooking.com. Or by check to: Areeda's Southern Cooking, P. O. Box 202, Brentwood, TN 37024 \$24.45 (price includes shpg/handling).

Contact: areedaschneider@bellsouth.net Order Joe Stampley CDs at www.joestampley.com. Look for more recipes, as well as my "Memories of Music Row" column in the monthly Country Family News newspaper sponsored by Larry's Country Diner and Country Family Reunion TV shows.

For subscription information, call 1-800-820-5405.

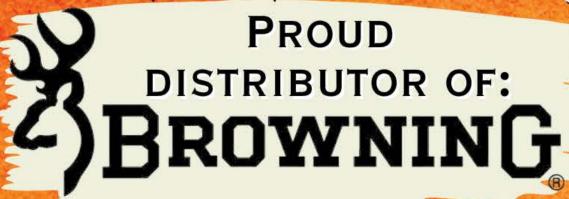


# **PLEASE SEND US YOUR RECIPES!**

We'd love to share your favorites with our readers. If possible, please include a brief story behind the recipe. "My mom's," "My friend's," etc. Your photo and a photo of the completed recipe would be great, but not required.

Please email to: AroundTheTown@mail.com Thank you so much!





PISTOLS-RIFLES-SHOTGUNS-SAFES



Pitari MAXUSIII







936-569-9880 1090 CR 231 NACOGDOCHES TX 75981



# **GREAT SATISFACTION GUARANTEED!**

# **INSURED**

Free Estimates
Reasonable Rates
Tree Removal
Trimming
Storm Damage
Tree Topping
Lot Clearing
Bush Hogging
Stump Grinding



DANGEROUS
TAKE DOWNS
DEAD TREE
REMOVAL
COMPLETE
CLEAN-UP
OWNER:
Emmanuel Jasso

Phone: (936) 225-2630 or (936) 707-9661 Itreeservice@gmail.com

Our Table

eaprofessionaltreeservice@gmail.com www.eandatreeservice.com

# **Submitted by Jan Alders Alexander of Nacogdoches**

# **CHEESE BLINTZES**

Daughter Amanda has become the "owner" of this recipe and these are delicious and do not last long! After freezing separately they can be taken from the cookie sheet and stored in a freezer bag until you are ready to bake.

- 1 large loaf Pepperidge Farm bread
- 1 pound cream cheese, softened
- 1½ cups sugar
- 2 egg yolks
- 4 teaspoons cinnamon
- 2 sticks of butter

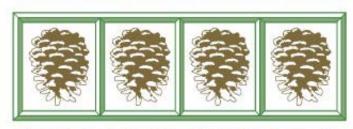
Trim crusts from bread and flatten each slice with rolling pin. Combine cream cheese, egg yolks and 1/2 cup sugar; mix until blended. Spread each slice of bread generously with cream cheese mixture. Roll up, place in freezer for a few minutes. Cut each roll into two pieces. Mix 1 cup sugar and cinnamon in bowl. Dip each



roll into the melted butter and then into the sugar mixture. Place on lightly greased cookie sheet. Freeze. When ready to use, bake for 10 minutes in a  $400^{\circ}$  oven.

# Member in good standing

# NACOGDOCHES COUNTY



CHAMBER OF COMMERCE

www.nacogdoches.org

# **NERVE PAIN?**

Neuropathy Treatment Clinics of Texas offers a solution for patients suffering from diabetic, idiopathic or chemical induced neuropathies. Our drug free, non-invasive, Electric Cell Signaling Treatment, has effectively reduced symptoms in over 87% of patients with neuropathies and long term intractable pain by re-educating nerves.

# No Narcotics - No Steroids - No Surgery

Contact us to schedule your consultation.

903.303.2833

### MEDICARE & MOST INSURANCES ACCEPTED

(In nearly all cases, a referral is not required)





www.StopNervePain.com

### From Julia Jones of Nacogdoches

For many years Julia ran IMPACT, a non-profit ministry in downtown Nacogdoches, that served the families of Nacogdoches thanks to the generosity of friends and family. She, along with a bevy of volunteers worked tirelessly to serve foster children and foster families in the Nacogdoches area.



# **PIZZA CRISPS**

1½ pounds lean ground beef

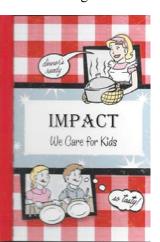
1/2 cup diced pepperoni

1 (8-oz.) can pizza sauce

1 cup shredded Italian cheese blend 2 cups shredded cheddar cheese

36 slices sourdough cocktail bread

Heat oven to 350°. Cook ground beef until done and drain; stir in pepperoni and sauce. Heat about 3 minutes. Stir in Italian cheese blend and one cup cheddar cheese. Stir gently to mix and blend. Arrange bread slices on 2 ungreased cookie sheets.





spoon of beef/cheese mixture on each slice. Top each with about 1 teaspoon of additional cheddar cheese. Bake 20 minutes until heated and

crisp. Serve warm.

Spread a generous

Table-

IMPACT Cookbook available for purchase at IMPACT, 720 E. Main St., Nacogdoches, TX, 936.205.5921. Proceeds benefit foster children in the area.

# **Bubba's Original Sophiscated Southern** Redneck Cookbook

"A Redneck's take on sophisticated food!"

by Ken Stonecipher

Ken Stonecipher is a book editor and ghost writer living in Nashville, Tennessee. Among his many writing accomplishments are two cookbooks, "Bubba's Original Sophisticated Southern Redneck Cookbook" and "Bubba's Original Full-Fledged Southern Redneck Cookbook."

Another cookbook in the writing stage is "All Things Cheesecake." Originally from Magnolia, Arkansas, Ken is a multitalented entertainer as well, performing on stage and behind a piano. A consummate writer, he has collections of short stories, novels, commissioned songwriting and even two musicals to his credit.



# TACO SOUP

My sister-in-law makes this stuff and is the hit of Ft. Worth, Texas. She throws all the ingredients into a gigantic crock pot, sling's on the lid and then goes 'bout her ben'niss. It cooks for years and is hotter'n an anvil in a blast furnace. It's easy to make and will fill you up and keep you warm on those cold days when yer sittin' in the deer stand and watin' for yer trophy buck to come prancin' through the clearin'. My brother Dale eats it like it's cake and the rest of us do too. Now my mama wadn't partial to it, not sure why, she liked corn and tomatoes and beans and she'd eat it jus to be nice but she'da been much more happy with a potato chowder recipe.

- 2 lbs round chuck
- 1 large yellow onion, chopped
- $2(15\frac{1}{2}\text{-oz})$  cans whole kernel corn
- $2(14\frac{1}{2}\text{-oz})$  cans chopped tomatoes
- $2(14\frac{1}{2}\text{-oz})$  cans ranch-style beans
- 1 (10-oz) can Rotel tomatoes with chilies
- 1 (1½-oz) package dry taco seasonin'
- 1 (1-oz) package dry ranch dressin' mix

Brown meat and onions in a large black skillet. Drain well. Into a stock pot, add the meat mixture and the rest of the ingredients includin' the juice from the cans. Simmer 25 minutes or so. This soup freezes very well if Bubba and the boys don't finish it off.



Now what I like to do is put a whole, big mess of shredded ched-

dar cheese on top and crumble 'bout a sleeve of saltines on top of that. I also

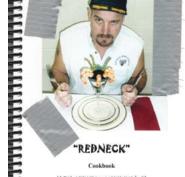
instead of a reg'lar soup bowl. You don't have to go back for seconds, they's already right thar in the bowl!

like to use a fairly good-sized mixin' bowl

### To order books:

Ken Stonecipher 439 Heath Place Smyrna, TN 37167 615-300-5963

Send check or money-order: \$26.00 (\$6.00 for postage and handling)



Bubba's

Original Sophisticated Southern







*ECHO" 57/HL* SCAG

**BUY HERE - SERVICED HERE!** 



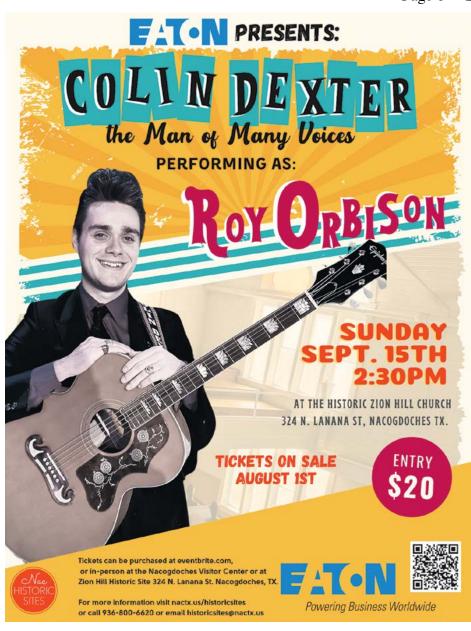
2502 NW Stallings Drive - 936.564.3579

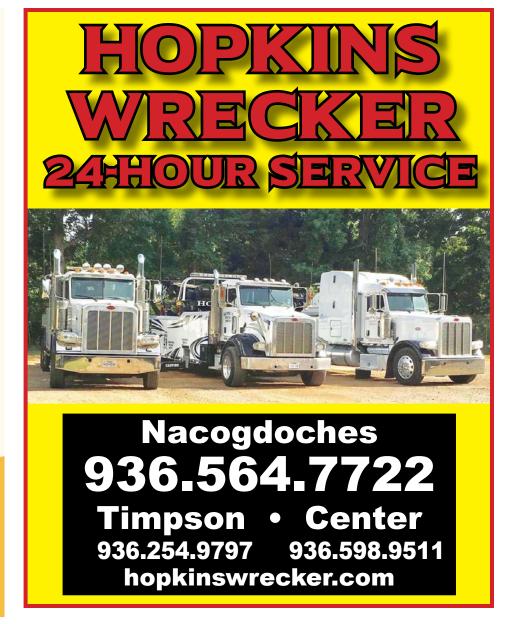
Quality lawn and garden equipment sales and service since 1958. Largest selection of Stihl products in Nacogdoches!

4675 CR 153 - 936.564.8888

RV & tent camping • swimming and bath houses picnic tableswashersdryers for campers' use









913 South St. Nacogdoches, TX (936) 564-2671

101 Porter St. Center, TX (936) 598-3061



# **HOURS**

7:00 - 5:30 Monday thru Friday 7:00 - 12:00 Saturday



**Clyde Partin Monument Company** 1-800-327-5940 www.clydepartinmoncoinc.com **Lufkin Office** 2120 N. Raguet St • 936.225.3596

**FUNERAL SERVICES** 

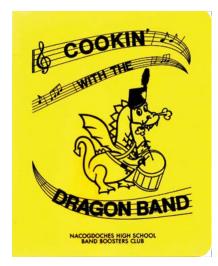


Alto and

Cushing

1-800-958-5870

# From 1989 Cookin' with the Dragon Band



This book was published in 1989 and sponsored by the Nacogdoches High School Band Boosters Club Boosters.

"Cookin" with the Dragon Band is a collection of favorite recipes from the families of NHS Band Students with additional contributions by community leaders and local restaurants."

Maybe it will bring back ome memories or maybe you'll see one of your own recipes some day.

# CAROL'S CHICKEN FAJITAS

**Submitted by Carol Garrett,** mother of band student Aimee Garrett

2 packages boneless chicken breasts, 1/2 cup fresh lime juice (4 limes) cut into strips

2 onions, thinly sliced

1/2 cup Lite Soy Sauce

1/2 cup Wesson Oil

2 green peppers, thinly sliced Tortillas

Marinate chicken strips in soy sauce, oil, and lime juice for 30 minutes. Add onions and green peppers. Place half of mixture at a time in iron skillet and cook over medium high heat for 4 to 5 minutes. Serve with warm tortillas.



Sam Sharp 936-556-0116

**Clay Jones** 936-554-8892

- Custom Hay Baling
   Fertilizer Sales and Application
- Lime/Ash Sales and Application
   Pasture Spraying
- Organic Options Available Pasture Renovating
- Pasture Mowing Ranch Management Services Land Mulching





#### **KERRY VAUGHT AGENCY**

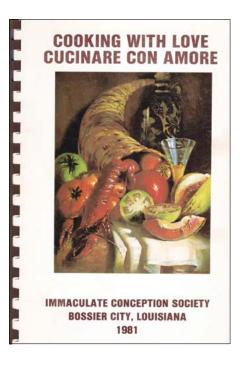


# **Kerry Vaught**

2710 North St Nacogdoches, TX 75965 Office: (936) 569-6156 kvaught@farmersagent.com

Auto, Home, Life, Commercial, Watercraft, ATV, and more!

We know a thing or two, Because we've seen a thing or two!



This cookbook was published in 1981 and commemorates the 40th anniversary of the IMMACULATE CONCEPTION SOCIETY, which was founded on April 27, 1941.

The authors have dedicated it to their forefathers who came to North Louisiana from Sicily. It is dedicated to preserving the tradition and heritage handed down from that generation of the 1870s.

Most of them came from Cefalu, Sicily, situated 40 miles east of Palermo, on the beautiful Adriatic Sea.

The descendents of these people have remained a close knit community in Shreveport and Bossier City, Louisiana.

To preserve their heritage—with its art of Sicilian cooking—for future generations, this cookbook was created.

# SALSA CON BRACIOLA (Mary Pizzo, Chicago, IL)

- 1 thin slice round steak
- 1 large clove garlic, minced
- 5 sprigs fresh parsley, minced
- 4 Tablespoons grated Romano cheese
- 4 teaspoons butter

Salt and pepper

1/3 cup olive oil

1 clove garlic

1 medium onion, minced

5 sprigs fresh parsley, minced

1 (6-oz) can tomato sauce

2 large cans tomatoes

Salt and pepper

1/4 green pepper, minced

1 small piece Romano cheese

1 teaspoon dried basil

Lay steak out flat. Cover surface with garlic, parsley, cheese and bits of butter; add salt and pepper. Roll like a jelly roll and tie with white thread. Heat oil in a large pot and add meat and garlic clove. Brown slowly. Add onion and parsley and salt and pepper. Continue to brown. Dilute tomato paste in 4 ounces of water and add to meat. Simmer for 5 minutes. Put tomatoes through blender for 4 seconds and add to meat. Add salt, pepper, green pepper and cheese and bring to boil. Cover and cook over low flame for about 2 hours, until meat is tender. Ten minutes before sauce is done, add basil. Remove thread from Braciola; slice and serve with sauce.

ADVERTISE IN RECIPES
Sharon Roberts 936.552.6758



#### From Silvia Arnold of Lufkin

We had these peanut butter bars at school and they were so good. I looked and looked for this recipe for a while. I ordered every cookbook, recipe cards until I finally found it.

# **PEANUT BUTTER BARS**

1 cup flour

1 teaspoon baking powder

1/4 teaspoon salt

1/3 cup shortening

1/2 cup peanut butter

1 cup sugar

1/4 cup brown sugar, packed

2 eggs

1 teaspoon vanilla

1 1/3 coconut

Mix flour, salt, baking powder together, set aside.

Cream shortening, sugar, brown sugar in bowl, beat til light and fluffy, using electric mixer at medium speed.

Add eggs one at a time, beating well after each addition. Blend in vanilla.



Stir in dry ingredients into creamed mixture, mixing throughly. Stir in coconut. Spread batter into a greased 13 x 9 x 2 pan.

Bake at  $350^{\circ}$  for about 25 minutes or until top springs back when touched lightly with finger.

Sprinkle powdered sugar on top. Let cool. You can sprinkle peanuts on top if you like.

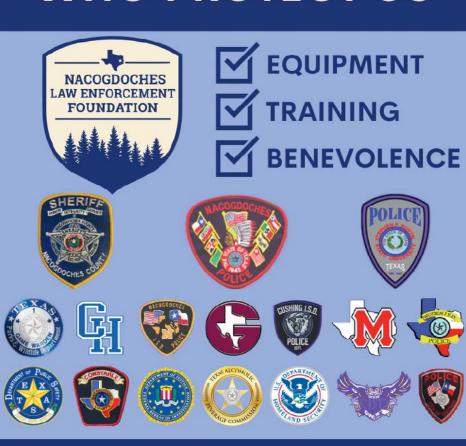
(I did not add coconut. I dump all ingredients into bowl, except for flour. I mix well. Then I add flour).

# **PLEASE SEND US YOUR RECIPES!**

We'd love to share your favorites with our readers. If possible, please include a brief story behind the recipe. "My mom's," "My friend's," etc. Your photo and a photo of the completed recipe would be great, but not required.

Please email to: AroundTheTown@mail.com Thank you so much!

# SUPPORTING THOSE WHO PROTECT US



WWW.NACLEF.ORG



2406 Hunter Rd.

Nacogdoches, TX

936.569.9670

# **VFW DANCE**

**Every Saturday Night!** 7 pm - 11 pm \$10.00 Admission

**Now accepting Credit Cards** and Debit Cards for admission and at the bar.

Open to the public - No membership required!

# 2024 INVESTOR

the CHAMBER LUFKIN | ANGELINA COUNTY

# **PLEASE SEND US YOUR RECIPES!**

**We'd love to share your favorites with our** readers. If possible, please include a brief story behind the recipe. "My mom's," "My friend's," etc. Your photo and a photo of the completed recipe would be great, but not required.

Please email to: AroundTheTown@mail.com Thank you so much!

# ERMAN

# **KYLE BRASHER INSURANCE**

**HOME & RENTERS AUTO & MOTORCYCLE** LIFE



936-305-5160 212 SOUTH ST · NACOGDOCHES, TX

KYLE@KYLEBRASHERINSURANCE.COM



CHECKING SAVINGS LOANS

Check out the Credit Union Difference! www.dochescu.com NCUA 1-800-424-2786



Charlotte Squyres, Owner 936-315-5009 936-366-4742

5105 FM 326 Lufkin, Texas Wed-Sat 10 am-5pm







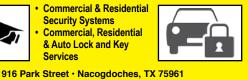
Lock and Safe Co.

Locksmith and Best

Voted Best



Commercial & Residential Security Systems · Commercial, Residential & Auto Lock and Key Services



(936)564-1893 24-Hour Emergency Service Available

BOATMAN TIRE

Largest Inventory for Passenger and Light Truck Tires

GOOD YEAR KELLY K TIRES **BRIDGESTONE** Firestone TOYO TIRES NITTO

315 N. University Drive Nacogdoches, Texas 75961

(936) 564-8339 Fax (936) 564-0275

boatmantireand service.com



WILLY 103°E

# YOU WANTED CLASSIC COUNTRY TO YOU GOT IT



Join Steve Rixx on the Willy Wake Up Show

Mornings 6-10am

# Submitted by David Stallings - *Around the Town* Publisher

The Landry Family once operated Don's Seafood & Steakhouse Restaurants in Shreveport, Lafayette, Baton Rouge, Morgan City and Beaumont. The restaurants are gone now, but my memories of their amazing food linger on. I hope that you'll enjoy this recipe!



# FILÉ GUMBO D'ÉCREVISSE OR CRAWFISH FILÉ GUMBO

20 lbs. live crawfish

- 1 cup chopped celery
- 2 cups chopped onions
- 1 gallon warm water
- 1 cup oil
- 1/2 cup green onion tops and parsley, chopped
- 4 cloves garlic, minced
- Salt and Cayenne (red pepper), to taste 1 cup flour
- 1/2 cup bell pepper, chopped fine

Scald and peel crawfish. (Put enough water in a heavy pot so that crawfish will be covered with four inches of water. Bring to boil. Drop crawfish into boiling water, and turn heat off immediately. Let crawfish set in hot water for 5 minutes in



uncovered pot. Drain off the water. Crawfish are now ready to be peeled and cleaned.

After scalding crawfish, separate tails from head. Inside the crawfish head is a yellow substance, which is the fat. Remove this fat from all of the crawfish heads. Put fat in jar, and save in your refrigerator until ready to use. Set tails and fat aside separately.)

Make roux. (Use 1½ cups of oil, and 1½ cups of flour. Put oil in heavy iron pot over medium heat. When oil is hot, stir flour in gradually. Lower heat. It is very important that you keep STIRRING CONSTANTLY. After all of the flour has been combined with the oil, turn fire down very low and cook until golden brown, STIRRING CONSTANTLY.

When roux is a golden brown, pour the mixture into another container, until ready for use. Roux will get too dark if it remains in the pot in which it was prepared.

Always pour excess oil off the top of the roux when making gumbo. This prevents the gumbo from being too rich.)

Mix chopped onions, celery, bell pepper and garlic into roux and cook over medium heat until onions are wilted. Add water and fat, stirring until it comes to a boil. Boil slowly in uncovered pot for 1 hour. Season to taste with Cayenne and salt. Then add crawfish tails and cook 20 minutes. Add onion tops and parsley, 2 teaspoons filé gumbo when ready to serve. Serve in soup plates with cooked rice Serves 6.

**NOTE:** Filé gumbo is made from crushed or powdered leaves of the sassafras tree. It is principally used to season and thicken gumbo.

# Around the Town is a proud member of the ASan Augustine County Chamber of Commerce

CONTACT US @ 936.554.5822 FOR ADVERTISING



# **EASTEX**

**GLASS & MIRROR** 

3102 South Street Nacogdoches, TX 75961 936.569.8284 800.657.2425

Michael Kenney President-Manager mkenney@hotmail.com

# From Angela Bradford

After years of dedicating my life to the bustling world of the restaurant business, I had finally decided to hang up my apron and embrace the quiet life of retirement. However, as I navigated through a challenging period of health issues, I found myself yearning for the

clatter of dishes, the chatter of patrons, and the warmth of the kitchen. The cafe wasn't just a part of my career; it was a part of me. As I began to recover, the thought of returning to Appleby Sand Cafe filled me with a renewed sense of purpose and excitement. I missed the aroma of fresh coffee in the morning and the satisfaction of serving a



well-loved dish. My journey back to the cafe has been a gradual one, with my health and well-being guiding the pace. It's been heartwarming to see the community rally around us, showing their support on our Facebook page and filling the cafe with friendly faces when we opened our doors for limited hours. Now, as I continue to heal, we're delighted to welcome patrons on Thursdays and Fridays for lunch between 11 a.m. and 2 p.m., and on select Friday evenings. Each day back in the cafe is a reminder of the joy and connection that food can bring. For updates on our hours and special events, I invite everyone to stay connected through the Appleby Sand Cafe's Facebook page. It's a testament to the strength of community and the enduring love for a place that feels like home, not just to me, but to all who walk through its doors.

### **ENCHILADAS**

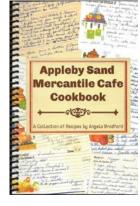
10 corn tortillas

- 1 Tablespoon vegetable oil
- 1 onion, chopped
- 1 teaspoon garlic powder
- 1 (4-oz) can green chilies, chopped
- 1 pound cooked shredded chicken or cooked ground beef
- 1 (10-oz) can enchilada sauce
- 1 cup cheddar cheese, shredded

Preheat oven to 375° F. Sauté onion and garlic in a large oiled skillet over medium heat, about 5 minutes. Add chilies, meat and 3/4 can of enchilada sauce; cook 2 minutes. Fold in cheese. Remove from heat. Fill

each tortilla with 1/2 cup of chicken mixture and roll up. Place seam side down in a greased baking pan. (**Tip:** Dip each tortilla in warm water, shake off excess before filling with ingredients.) Cover with remaining enchilada sauce and sprinkle with cheese. Bake at 375° F for 10 minutes. Broil for 5 minutes and serve hot.

Printed with permission from Angela Bradford.
Purchase your copy of the cookbook by
contacting her at 936.559.5151



# 2024 Nacogdoches County Football Schedules



# **Bottle • Home** Farm • Industry



We service residential, farms and industries. Bottles filled/tanks leased and sold. Commercial and residential propane installations.



Large selection of Lodge Cast Iron Cookware, Bayou Classic Fish Cookers, grills, crawfish and shrimp cookers.



6500 Franklin Drive (Just off Industrial Dr.) www.perrypropane.com

936.564.8448



**Fast Lube** 2013 C North St. 936.569.6911



First responders 5% off Mon-Fri SFA 5% off on Thurs Ladies 5% off on Tues

Martin Kennel Grooming

www.martinkennel.com stay@martinkennel.com

512 CR 217 · Nacogdoches, TX · 936-560-3643 148 County Rd. 3734 · Center, TX · 936-244-1930





**3915 NW Stallings Drive** Nacogdoches, TX 75964

936.305.3346

- TRACTOR SALES & SERVICE
- COMPUTER DIAGNOSTICS
- **EMISSIONS TROUBLESHOOTING** FULL SERVICE DEPARTMENT

# SFA Lumberjacks

<u>DAIE</u>	<u>OPPONEN I</u>	<u> </u>
AUGUST 31	North American Univ.	7:00 PM
SEPTEMBER 7	<b>@Univ. of North Texas</b>	6:30 PM
SEPTEMBER 14	@McNeese State Univ.	7:00 PM
<b>SEPTEMBER 21</b>	Univ. of Northern Colo.	7:00 PM
SEPTEMBER 28	OPEN	
OCTOBER 5	Northwestern St. Univ.	7:00 PM
OCTOBER 12	<b>@Lamar Univ.</b>	3:00 PM
OCTOBER 19	<b>@Southeastern La. Univ.</b>	4:00 PM
OCTOBER 26	<b>Houston Christian Univ.</b>	6:00 PM
<b>NOVEMBER 2</b>	<b>@Nicholls State Univ.</b>	3:00 PM
NOVEMBER 9	@Texas A&M-Commerce	3:30 PM
<b>NOVEMBER 16</b>	<b>Univ. of the Incarnate Word</b>	2:00 PM
<b>NOVEMBER 23</b>	Abilene Christian Univ.	2:00 PM

# Nacogdoches Dragons

DATE	<b>OPPONENT</b>	TIME
<b>AUGUST 30</b>	<b>Palestine</b>	7:30 PM
<b>SEPTEMBER 6</b>	<b>@Lufkin</b>	7:30 PM
<b>SEPTEMBER 13</b>	Livingston	7:30 PM
<b>SEPTEMBER 20</b>	@Bryan-Rudder	7:30 PM
<b>SEPTEMBER 27</b>	@Jacksonville*	7:30 PM
OCTOBER 11	Hallsville*	7:30 PM
OCTOBER 18	@Whitehouse*	7:30 PM
OCTOBER 25	Marshall*	7:30 PM
<b>NOVEMBER 1</b>	@Mt. Pleasant*	7:30 PM
<b>NOVEMBER 8</b>	Texas High*	7:30 PM
*District		

# **Cushing Bearkats**

DATE	<b>OPPONENT</b>	TIME
AUGUST 15	Frankston-SCRIMMAGE	6:00 PM
AUGUST 22	<b>@Hemphill-SCRIMMAGE</b>	6:00 PM
AUGUST 30	@Colmesneil	7:00 PM
SEPTEMBER 6	@Deweyville	7:00 PM
SEPTEMBER 13	Union Grove	7:00 PM
SEPTEMBER 20	Evadale**	7:00 PM
<b>SEPTEMBER 27</b>	Alto*	7:00 PM
OCTOBER 4	@Mt. Enterprise*	7:00 PM
OCTOBER 11	Bye	Bye
OCTOBER 18	Grapeland*	7:00 PM
OCTOBER 25	@Tenaha*	7:00 PM
NOVEMBER 1	Lovelady*	7:00 PM
NOVEMBER 8	@Overton*	7:00 PM
*District **H	lomecoming	

# **Garrison Bulldogs**

<u>DATE</u>	<u>OPPONENT</u>	TIME
AUGUST 30	@Waskom	7:00 PM
SEPTEMBER 6	Arp	7:30 PM
SEPTEMBER 13	Anahuac	TBA
<b>SEPTEMBER 20</b>	@Lovelady	7:30 PM
OCTOBER 4	North Webster (LA)	7:00 PM
OCTOBER 11	@Shelbyville*	7:30 PM
OCTOBER 18	@San Augustine*	7:30 PM
OCTOBER 25	Hemphill*	7:30 PM
<b>NOVEMBER 1</b>	@Timpson*	7:30 PM
NOVEMBER 8	@Joaquin*	7:30 PM
*District		





### **GENERATOR SERVICES**

Generator Sales, Service, Repair and Maintenance in East Texas 936.615.7857

**Family & Veteran Owned** in Nacogdoches **since 2015** 

**WE SELL AND SERVICE ALL MAKES AND MODELS OF GENERATORS** 

- KOHLER
- **GENERAC**
- **CUMMINS**

# **JACOB WILLOUGHBY OWNER**

2122 North Stallings Drive Nacogdoches, TX 75964

### HOURS

Monday-Friday: 8am-5pm Saturday-Sunday: Closed



Premium Service • Affordable Price Residential Commercial



936-554-9100 www.discountroofersllc.com





Day (936) 564-3408 Fax (936) 569-0139 Night (936) 569-0577

EAST TEXAS WELDING AND PRESS

**Undercarriage Specialists** New & Used Dozer Parts **Dozer Sales & Rental Service** 

etwplcr@suddenlinkmail.com

2900 SE Stallings Dr. Nacogdoches, TX 75961



**COINS • PAPER MONEY • GOLD SILVER • JEWELRY • STERLING SILVER** 

614 N. Stallings Dr. - Suite 113 Nacogdoches, TX 75965



# The Barbeeue

Everything barbecue; from grilling to sauces, recipes to grills and smokers, rubs to meats and veggies.



# **Greek Chicken**

This Greek chicken recipe is great for summer grilling season! Serve it with sliced tomatoes, feta cheese, and garlic bread.

#### Ingredients:

- ½ cup olive oil
- 2 lemons, juiced
- 3 cloves garlic, chopped
- 1 Tablespoon chopped fresh rosemary
- 1 Ttablespoon chopped fresh thyme
- 1 Tablespoon chopped fresh oregano
- 1 (4 pound) chicken, cut into pieces

# Instructions:

Mix olive oil, lemon juice, garlic, rosemary, thyme, and oregano in a glass dish. Place chicken pieces in the mixture; cover and marinate in the refrigerator for 2 to 3 hours.

Preheat an outdoor grill for high heat and lightly oil the grate.

Place chicken on the grill, and discard the marinade. Cook until chicken is no longer pink at the bone and the juices run clear, about



Photo by FabEveryday

15 minutes per side (smaller pieces will not take as long). An instant-read thermometer inserted near the bone should read 165 degrees F (74 degrees C).

# **Grilled Corn on the Cob**

Grilled corn on the cob with butter, salt, and a little pepper cooked in foil will be perfectly tender and sweet. Easy to prep and perfect for every summer barbecue.

# Ingredients:

6 ears corn

6 Tablespoons butter, softened Salt and ground black pepper to taste

### **Instructions:**

Preheat an outdoor grill for high heat and lightly oil grate.

Peel back corn husks and remove

Place 1 Tablespoon butter, salt and pepper on each piece of corn. Close husks.

d pepper on each piece of corn. Close husks.

Wrap each ear of corn tightly in aluminum foil.

Cook on the preheated grill, turning occasionally, until tender, about 30 minutes. Serve hot and enjoy!

Photo by DotDash Meredith Food Studios

# **Chicken Kabobs**

These chicken kabobs don't take long on the grill and no marinating is required! The skewers are simply basted with BBQ sauce while they cook on the grill.

#### Ingredients:

Cooking spray

- 4 skinless, boneless chicken breast halves cubed
- 1 large green bell pepper, cut into 2 inch pieces
- 1 onion, cut into wedges
- 1 large red bell pepper, cut into 2-inch pieces Skewers
- 1 cup barbeque sauce

#### **Instructions:**

Preheat an outdoor grill for high heat and lightly oil the grate.

Thread chicken, green bell pepper, onion, and red bell pepper pieces onto skewers alternately.

Cook skewers on the preheated grill, turning and brushing frequently with barbeque sauce, until chicken is no longer pink in the center and the juices run clear, about 15 minutes. An instant-read thermometer inserted



into the center should read at least 165 degrees F (74 degrees C).

# **Grilled Soy-Sesame Asparagus**

This asparagus pairs especially well with Asian types of grilled foods, such as kebabs or satays.

### Ingredients:

- 1 Tablespoon toasted sesame oil
- 1 Tablespoon soy sauce
- 3 cloves garlic, minced
- 1 teaspoon brown sugar
- 1½ pounds fresh asparagus, trimmed
- 2 Tablespoons toasted sesame seeds

# Instructions:

Preheat grill for high heat. In a bowl, mix sesame oil, soy sauce, garlic, and brown sugar. Place asparagus in the bowl, and toss to coat.

Lightly oil a fine-mesh grill grate. Place asparagus on grate, and cook 8 minutes, until tender but firm. Garnish with sesame seeds to serve.



# **Grilled Bacon Jalapeño Wraps**

Delicious grilled jalapeño peppers stuffed with cream cheese. Easy to make on the grill!

## Ingredients:

- 1 (8 ounce) package cream cheese
- 6 fresh jalapeño peppers, halved lengthwise and seeded
- 12 slices bacon
- 12 toothpicks, soaked in water (Optional)

### **Instructions:**

Preheat an outdoor grill for high heat and lightly oil the grate.

Spread cream cheese in each jalapeño half; wrap with bacon. Secure with a toothpick if needed.

Cook on the preheated grill until bacon is crispy, turning often, about 10 minutes.



Photo by Noel Cacnio

# **ADVERTISE WITH US!**

THE PRINT AND WEB EDITIONS ARE FREE TO THE PUBLIC!

ALL NEWS IS POSITIVE & ALL ADS ARE FULL COLOR!

936.554.5822 - AroundTheTown@mail.com

www.AroundTheTown.us

11K COPIES AROUND THE TOWN & 7K COPIES RECIPES DISTRIBUTED MONTHLY AT 200+ LOCATIONS IN ANGELINA-NACOGDOCHES-SHELBY-SAN AUGUSTINE-NEWTON-TYLER COUNTIES AND FREE ONLINE EDITION IS POSTED ON THE FIRST OF EACH MONTH RATES SHOWN ARE FOR EACH PAPER

**RUN IN AROUND THE TOWN AND YOUR AD IN RECIPES IS DISCOUNTED!** 

FULL PAGE
10"W X 15.625"H
\$650 ONE MONTH
\$550 PER MONTH 12 MONTH CONTRACT

3.5"W X 2"H

\$50 ONE MONTH

\$40 PER MONTH

12 MONTH CONTRACT
FREE INCLUSION IN ONLINE EDITION

1/8 PAGE
4.9"W X 2.95"H
\$95 ONE MONTH
\$75 PER MONTH 12 MONTH CONTRACT
FREE INCLUSION IN ONLINE EDITION

1/4 PAGE
4.9"W X 6.25"H
\$195 ONE MONTH
\$175 PER MONTH 12 MONTH CONTRACT
FREE INCLUSION IN ONLINE EDITION

HALF PAGE HORIZONTAL

10"W X 6.125"H

HALF PAGE VERTICAL

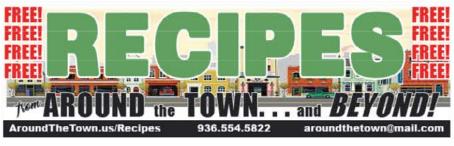
4.9"W X 15.625"H

\$350 ONE MONTH

\$295 PER MONTH 12 MONTH CONTRACT

FREE INCLUSION IN ONLINE EDITION







# **KEEP YOUR POWER UP** AND RUNNING with a ANDBY GENERATOR

**AUTOMATIC** 

\*Non-transferrable. With approved credit, based on 15-year financing. Restrictions apply, call for complete details.

**HEATING • COOLING • PLUMBING** and Generators!

(936) 417-222

www.CallMcWilliams.com LIC #TACLA36670E • TACLA2150C • RMP#44027

# ENING DOORS for YOU since 1976 Charles E. Pool Broker 936-564-2622



Pool

President

936-569-4779



Associate Broker

936-558-8711





Roach

Associate Broker

936-615-9221



REALTOR®

936-234-2565



Jonathan Dunn REALTOR®

713-319-4467



Cuevas REALTOR® 936-371-2020



Jaime Anderson 936-679-3380



Anderson REALTOR\* 936-371-1529



Abby Taylor REALTOR® 936-645-7693



Cindy Millard REALTOR® 936-462-3689



Jimmie Lynn John REALTOR\* 903-721-7355



Colton Pool REALTOR\* 936-645-8950



Hablo español. Liz Cardenas REALTOR\* 210-962-1841



Gerry Milo REALTOR® 936-615-9944



See every listing in our market at CPRE.com

IR MLS.



**Medicare Insurance** 

gotten too expensive?

Let's Talk!



Steve Traylor Cell/Text 936-556-3275 steve@texasfirsthealth.com

800-864-8852 We represent most major carriers

> Medicare Supplements Medicare Advantage Low Income Extra Help ACA Health Insurance Life/Burial Plans



Motorhome and RV Remodeling and Service Making your boats and RVs look new again!

936-560-2188

14618 US Hwy. 59 Nacogdoches, Texas 75965 icuph.com Like us on Facebook @infinitycommercialtx